

	Energy(kcal)	Energy(kJ)	Protein(g)	Carbohydrate(g)	Sugars(g)	Fat(g)	Monounsaturated Fat(g)	Polyunsaturated Fat(g)	Saturated Fats (g)	Fibre (g)	Sodium (g)	nuts/seamnuts	milk	gluten	egg	soya protein	fish	crustaceans	veggie	celery	mustard	sesame	sulphur dioxide
Desserts, Shakes & Frozen Beverages																							
Ice Cream Cone	99.2	430	2.3	15.6	13.2	3.4	0.8	0.1	2.2	0.1	0.039	x	x	x	x	x	x	x	x	x	x	x	x
Oreo Fusion	266	1253	5.3	43.8	39	11.2	1.4	0	7.1	0.7	0.136	x	x	x	x	x	x	x	x	x	x	x	x
Kit Kat Fusion	345	1587	6.4	56.7	50.4	13.7	3.5	0.3	8.6	0.8	0.154	x	x	x	x	x	x	x	x	x	x	x	x
Strawberry Cheesecake Fusion	332.3	1436	11.8	57.6	42.6	9.8	2.6	0.6	5.8	0.8	0.198	x	x	x	x	x	x	x	x	x	x	x	x
Strawberry Sundae	133	924	9	36.2	34.5	6.5	1.3	0	4.6	0.1	0.122	x	x	x	x	x	x	x	x	x	x	x	x
Chocolate Sundae	153	936	4	37.3	34.9	6.4	1.3	0	4.5	0.3	0.114	x	x	x	x	x	x	x	x	x	x	x	x
Chocolate Filled Muffin	482	2007	4	47.1	31.8	30.6	16.4	7.1	5.6	3.3	0.288	x	x	x	x	x	x	x	x	x	x	x	x
Blueberry Filled Muffin	430	1789	5.4	48.3	41	24	12.6	5.2	5.4	0.8	0.289	x	x	x	x	x	x	x	x	x	x	x	x
Shake Regular (Vanilla)	371	1558	11.1	59.4	59.4	8.3	1.9	0	7.4	0	0.280	x	x	x	x	x	x	x	x	x	x	x	x
Shake Large (Vanilla)	460	1932	13.8	73.6	73.6	11.5	2.3	0	9.2	0	0.323	x	x	x	x	x	x	x	x	x	x	x	x
Shake Regular (Strawberry)	433.4	1824	11.3	74.9	72.1	9.3	1.9	0	7.4	0	0.270	x	x	x	x	x	x	x	x	x	x	x	x
Shake Large (Strawberry)	582.7	2455	13.8	104.3	98.7	11.5	2.3	0	9.2	0	0.341	x	x	x	x	x	x	x	x	x	x	x	x
Shake Regular (Chocolate)	448.4	1892	11.5	79.8	74	9.6	2	0	7.5	0.5	0.287	x	x	x	x	x	x	x	x	x	x	x	x
Shake Large (Chocolate)	612.2	2588	14.4	113.7	102.4	12.1	2.6	0.1	9.5	0.9	0.375	x	x	x	x	x	x	x	x	x	x	x	x
Frappe Regular (Caramel)	337.5	1438	8.1	57	36.3	8.5	1.7	0.2	4.9	0.5	0.161	x	x	x	x	x	x	x	x	x	x	x	x
Frappe Large (Caramel)	418	1783	10.7	73.1	45.8	9.1	1.7	0.2	4.9	0.7	0.208	x	x	x	x	x	x	x	x	x	x	x	x
Frappe Regular (Chocolate flavour)	326.8	1379	6.5	53.3	44.6	8.2	1.2	0.2	4.7	3.2	0.102	x	x	x	x	x	x	x	x	x	x	x	x
Frappe Large (Chocolate flavour)	407.6	1721	11.2	68.1	57.2	9.2	1.2	0.2	5	4.2	0.134	x	x	x	x	x	x	x	x	x	x	x	x
Smoothie Regular (Strawberry banana)	206.2	875	1.9	48.1	45.3	0.5	0	0	0.3	0.7	0.007	x	x	x	x	x	x	x	x	x	x	x	x
Smoothie Large (Strawberry banana)	278.5	1183	1.9	63.5	60.9	0.8	0.2	0	0.1	1	0.008	x	x	x	x	x	x	x	x	x	x	x	x
Smoothie Regular (Tropical mango)	220.8	938	1.3	52	49.6	0.7	0.1	0	0.3	0.9	0.006	x	x	x	x	x	x	x	x	x	x	x	x
Smoothie Large (Tropical mango)	294.9	1253	1.9	69.3	66	1	0.2	0	0.5	1.2	0.007	x	x	x	x	x	x	x	x	x	x	x	x
Drinks																							
SOFTDRINKS																							
Regular Coca-Cola	168	720	0	42.4	42.4	0	0	0	0	0	0	x	x	x	x	x	x	x	x	x	x	x	x
Large Coca-Cola	210	900	0	53	53	0	0	0	0	0	0	x	x	x	x	x	x	x	x	x	x	x	x
Super Coca-Cola	313	1350	0	79.5	79.5	0	0	0	0	0	0	x	x	x	x	x	x	x	x	x	x	x	x
Kids Coca-Cola	126	540	0	31.8	31.8	0	0	0	0	0	0	x	x	x	x	x	x	x	x	x	x	x	x
Regular Diet Coke	1	4	0	0	0	0	0	0	0	0	0.120	x	x	x	x	x	x	x	x	x	x	x	x
Large Diet Coke	1.3	5	0	0	0	0	0	0	0	0	0.150	x	x	x	x	x	x	x	x	x	x	x	x
Super Diet Coke	1.9	8	0	0	0	0	0	0	0	0	0.225	x	x	x	x	x	x	x	x	x	x	x	x
Kids Diet Coke	0.8	3	0	0	0	0	0	0	0	0	0.09	x	x	x	x	x	x	x	x	x	x	x	x
Regular Fanta	156	664	0.4	38	35.3	0.4	0	0	0	0	0.120	x	x	x	x	x	x	x	x	x	x	x	x
Large Fanta	195	830	0.5	47.3	44	0.5	0	0	0.1	0	0.150	x	x	x	x	x	x	x	x	x	x	x	x
Super Fanta	292.5	1245	0.8	71.3	66	0.8	0	0	0.1	0	0.225	x	x	x	x	x	x	x	x	x	x	x	x
Kids Fanta	117	498	0.3	28.5	26.4	0.3	0	0	0	0	0.09	x	x	x	x	x	x	x	x	x	x	x	x
Regular Sprite	112	468	0	26.4	26.4	0	0	0	0	0	0	x	x	x	x	x	x	x	x	x	x	x	x
Large Sprite	140	585	0	33	33	0	0	0	0	0	0	x	x	x	x	x	x	x	x	x	x	x	x
Super Sprite	210	878	0	49.5	49.5	0	0	0	0	0	0	x	x	x	x	x	x	x	x	x	x	x	x
Kids Sprite	126	551	0	19.8	19.8	0	0	0	0	0	0	x	x	x	x	x	x	x	x	x	x	x	x
Tropicana	112.8	485	1.8	23.6	23.6	0	0	0	1.3	0	0	x	x	x	x	x	x	x	x	x	x	x	x
Alive	62.5	270	0	15.3	15.3	0	0	0	0	0	0	x	x	x	x	x	x	x	x	x	x	x	x
Milk	122.5	510	8.5	12.5	12.5	4.3	1.3	0	2.5	0	0.143	x	x	x	x	x	x	x	x	x	x	x	x
Water	0	0	0	0	0	0	0	0	0	0	0.010	x	x	x	x	x	x	x	x	x	x	x	x
	Energy (kcal)	Energy (kJ)	Protein (g)	Carbohydrate (g)	Sugars (g)	Fat (g)	Monounsaturated Fat (g)	Polyunsaturated Fat (g)	Saturated Fats (g)	Fibre (g)	Sodium (g)	nuts/seamnuts	milk	gluten	egg	soya protein	fish	crustaceans	veggie	celery	mustard	sesame	sulphur dioxide
Breakfast																							
Sausage, Egg & Cheese Butty with Heinz Ketchup	452	1880	23.7	37.4	6.7	23.2	9.7	2.9	9.5	2.5	0.689	x	x	x	x	x	x	x	x	x	x	x	x
Breakfast in Bread™ with Heinz Ketchup	578	2413	32.8	44.4	9.2	29.4	12.4	3.4	12.2	2.6	1.130	x	x	x	x	x	x	x	x	x	x	x	x
Sausage Butty with Heinz Ketchup	316	1318	15.6	34	5.7	13.3	5.9	2.3	4.3	2.1	0.316	x	x	x	x	x	x	x	x	x	x	x	x
Big Beefy™ with Heinz Ketchup	729	3048	43.2	53.7	12.1	37.3	16.1	2.7	16.5	3.5	1.382	x	x	x	x	x	x	x	x	x	x	x	x
Bacon, Egg & Cheese Butty™ with Heinz Ketchup	407.1	1707	18.6	47.8	9.2	16.2	7.2	1.9	6.5	2.8	1.025	x	x	x	x	x	x	x	x	x	x	x	x
Bacon Butty with Heinz Ketchup	216	1137	10.5	44.1	7.2	6.2	3.5	1.2	1.4	2.5	0.646	x	x	x	x	x	x	x	x	x	x	x	x
Egg & Cheese Butty with Heinz Ketchup	348	1456	16.3	41.5	7.6	12.4	5	1.4	5.4	2.2	0.748	x	x	x	x	x	x	x	x	x	x	x	x
Hash Browns* (Regular)	192	1146	2.4	22.1	0.1	19.2	9.9	3.7	5.5	2.4	0.367	x	x	x	x	x	x	x	x	x	x	x	x
Hash Browns* (Large)	245	1576	3.3	30.4	0.2	26.4	13.7	5.1	7.6	3.4	0.505	x	x	x	x	x	x	x	x	x	x	x	x
Mini-Pancakes & Syrup (8)	268.5	1130	2.9	41.3	22	10.2	4.4	1.3	4.6	1	0.150	x	x	x	x	x	x	x	x	x	x	x	x
Mini Pancakes & Syrup (9)	364.7	1533	4.3	52.3	26.2	15.4	6.6	1.9	6.9	1.5	0.226	x	x	x	x	x	x	x	x	x	x	x	x

1=Trace of this substance in the product 0=No trace in this product

*Product is cooked in the same oil as fish and chicken products. **Aberdeen-Angus XT Beef is seasoned with salt. Certified Aberdeen-Angus Beef is a registered trademark of the Aberdeen-Angus Cattle Society.

ANGUS PRODUCTS ARE MADE FROM PURE BRED ANGUS OR ANGUS CROSS BEEF. Although we take great care to remove bones from our meat, poultry and seafood products, some small bones may still be present. Kcal meal value based on regular fries and regular Coca-Cola. Meal includes regular fries and regular soft drink. Breakfast served until 11am. Desserts and shakes subject to availability. Cost of toy is included in the kids meal price. Toy subject to availability. Subject to availability. Participating restaurants only. 'Coca-Cola', 'Diet Coke', 'Fanta', 'Sprite', '5 Alive' and the Dynamic Ribbon device are registered trademarks of the Coca-Cola Company. Tropicana Pure Premium and the Tropicana logo are registered trademarks. ©2013. Breakfast Kcal meal value includes regular Hash Browns and Regular Latte

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